

Full Report (All Nutrients) 03026, Babyfood, tropical fruit medley

Report Date:October 25, 2015 23:23 EDT

Nutrient values and weights are for edible portion.

Food Group : Baby Foods

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error
Proximates				
Water	g	87.14	--	--
Energy	kcal	51	--	--
Energy	kJ	215	--	--
Protein	g	0.31	--	--
Total lipid (fat)	g	0.14	--	--
Ash	g	0.19	--	--
Carbohydrate, by difference	g	12.22	--	--
Fiber, total dietary	g	1.3	--	--
Sugars, total	g	9.78	--	--
Sucrose	g	1.17	--	--
Glucose (dextrose)	g	3.03	--	--
Fructose	g	5.57	--	--
Lactose	g	0.00	--	--
Maltose	g	0.00	--	--
Galactose	g	0.00	--	--
Starch	g	0.03	--	--
Minerals				
Calcium, Ca	mg	0	--	--
Iron, Fe	mg	0.00	--	--
Magnesium, Mg	mg	5	--	--
Phosphorus, P	mg	11	--	--
Potassium, K	mg	141	--	--
Sodium, Na	mg	0	--	--
Zinc, Zn	mg	0.05	--	--

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error
Copper, Cu	mg	0.035	--	--
Manganese, Mn	mg	0.039	--	--
Selenium, Se	µg	0.0	--	--
Fluoride, F	µg	3.3	--	--
Vitamins				
Vitamin C, total ascorbic acid	mg	15.9	--	--
Thiamin	mg	0.019	--	--
Riboflavin	mg	0.027	--	--
Niacin	mg	0.138	--	--
Pantothenic acid	mg	0.076	--	--
Vitamin B-6	mg	0.039	--	--
Folate, total	µg	2	--	--
Folic acid	µg	0	--	--
Folate, food	µg	2	--	--
Folate, DFE	µg	2	--	--
Choline, total	mg	3.6	--	--
Betaine	mg	0.0	--	--
Vitamin B-12	µg	0.00	--	--
Vitamin B-12, added	µg	0.00	--	--
Vitamin A, RAE	µg	4	--	--
Retinol	µg	0	--	--
Carotene, beta	µg	46	--	--
Carotene, alpha	µg	0	--	--
Cryptoxanthin, beta	µg	14	--	--
Vitamin A, IU	IU	88	--	--
Lycopene	µg	0	--	--
Lutein + zeaxanthin	µg	20	--	--
Vitamin E (alpha-tocopherol)	mg	0.10	--	--
Vitamin E, added	mg	0.00	--	--
Tocopherol, beta	mg	0.00	--	--
Tocopherol, gamma	mg	0.00	--	--
Tocopherol, delta	mg	0.00	--	--
Vitamin D (D2 + D3)	µg	0.0	--	--

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error
Vitamin D	IU	0	--	--
Vitamin K (phylloquinone)	µg	0.8	--	--
Lipids				
Fatty acids, total saturated	g	0.000	--	--
4:0	g	0.000	--	--
6:0	g	0.000	--	--
8:0	g	0.000	--	--
10:0	g	0.000	--	--
12:0	g	0.000	--	--
14:0	g	0.000	--	--
16:0	g	0.000	--	--
18:0	g	0.000	--	--
Fatty acids, total monounsaturated	g	0.000	--	--
16:1 undifferentiated	g	0.000	--	--
18:1 undifferentiated	g	0.000	--	--
20:1	g	0.000	--	--
22:1 undifferentiated	g	0.000	--	--
Fatty acids, total polyunsaturated	g	0.000	--	--
18:2 undifferentiated	g	0.000	--	--
18:3 undifferentiated	g	0.000	--	--
18:4	g	0.000	--	--
20:4 undifferentiated	g	0.000	--	--
20:5 n-3 (EPA)	g	0.000	--	--
22:5 n-3 (DPA)	g	0.000	--	--
22:6 n-3 (DHA)	g	0.000	--	--
Cholesterol	mg	0	--	--
Phytosterols	mg	0	--	--
Amino Acids				
Tryptophan	g	0.002	--	--
Threonine	g	0.007	--	--
Isoleucine	g	0.007	--	--
Leucine	g	0.015	--	--
Lysine	g	0.015	--	--

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error
Methionine	g	0.002	--	--
Cystine	g	0.001	--	--
Phenylalanine	g	0.008	--	--
Tyrosine	g	0.002	--	--
Valine	g	0.013	--	--
Arginine	g	0.007	--	--
Histidine	g	0.006	--	--
Alanine	g	0.015	--	--
Aspartic acid	g	0.084	--	--
Glutamic acid	g	0.029	--	--
Glycine	g	0.010	--	--
Proline	g	0.007	--	--
Serine	g	0.012	--	--
Other				
Alcohol, ethyl	g	0.0	--	--
Caffeine	mg	0	--	--
Theobromine	mg	0	--	--